



The Royal Western Yacht Club of England

ORIGINAL SINGLEHANDED TRANSATLANTIC RACE

OSTAR

SAILING INSTRUCTIONS

**PLYMOUTH TO NEWPORT RHODE ISLAND
MONDAY 27th MAY 2013**

Supported By

THE RHODE ISLAND STATE YACHTING COMMITTEE

THE CITY OF NEWPORT

THE NEWPORT YACHT CLUB

Organising Authority: **The Royal Western Yacht Club of England**

OSTAR 2013

Organising Authority: **The Royal Western Yacht Club of England**

SAILING INSTRUCTIONS

1. RULES, REGULATIONS AND TEXTS IN FORCE

- 1.1. The event shall be governed by current texts of the following documents, complemented and/or modified by the Sailing Instructions.
 - a. The International Sailing Federation (ISAF) Rules for 2013/2016, referred to as RRS, except in the rules modified in NOR 4.2.
 - b. The ISAF 2012/2013 Offshore Special Regulations Category 1 Races shall apply, except in the regulations modified in NOR 4.3.
 - c. International Rules for the Prevention of Collisions at Sea Part B (Steering & Sailing) (COLREGS).
 - d. Class Rules as recognised by ISAF.
 - e. IRC and MOCRA Rules.
 - f. The RWYC Notice of Race and any amendments.
- 1.2. The following RRS have been modified:
 - a. Part 2 (When boats Meet) applies only north of Plymouth Breakwater Lighthouse, after which they are replaced by Part B (Steering & Sailing) of the International Regulations for the Prevention of Collisions at Sea (COLREGS). See Appendix A.
 - b. Rule 29 (*Recalls*) modified in SI 4.1.
 - c. Rule 41 (*Outside Help*) modified in NOR 14.
 - d. Rule 42.2 (*Prohibited Actions*) add (f) "repeated movements of the keel and/or mast that are not necessary for the stability of the boat."
 - e. Rule 42.3 (*Exceptions*) add (h) "oars/paddles may be used".
 - f. Rule 45 (*Hauling Out, Making Fast, Anchoring*) modified in NOR 14.
 - g. Rule 50.2 (*Spinnaker Poles and Whisker Poles*) shall not apply at any time.
 - h. Rule 52 (*Manual Power*) delete "and moveable hull appendages." Add "Boats are allowed to use electrical energy to fill and/or empty ballast tanks and/or adjust keels and/or any other system devised to increase stability".
 - i. Rule 54 (*Forestays and Headsails Tacks*) shall not apply.
 - j. Rule 61 (*Protest Requirements*) modified in the Sailing Instructions.
 - k. Rule 62 (*Redress*) modified in the Sailing Instructions.
 - l. Rule 63 (*Hearings*) modified in the Sailing Instructions.
 - m. Rule 64 (*Decisions*) modified in the Sailing Instructions.
- 1.3. The following ISAF Offshore Special Regulations have been modified:
 - a. Regulation 3.03.1(c) Hull Construction Standards. Add, "Such evidence shall be provided in writing to the Organising Authority when applying for entry".
 - b. Regulation 3.05.2 Stability and Flotation – Multihulls. The date 1/99 will not apply. Multihulls shall in every hull without accommodation be divided at intervals of not more than 4m (13ft 1.5ins) by one or more transverse watertight bulkheads.
 - c. Regulation 3.29.1(n) Add, "with an audible alarm and shall be switched on, transmitting & receiving, when racing."
 - d. Regulation 4.01 "Sail Letters and Numbers" shall not apply. (NOR 12)
- 1.4. The following RWYC Rules will apply:
 - a. Boats shall have a SSSN minimum value of 34 or STIX minimum value of 32 and an AVS minimum of 130 - 0.002xm, where m is the minimum sailing weight in kgs. Boats with a *series date* of 1995 and later

will be categorized under STIX only. Boats with a *series date* before 1995 may be categorized under STIX or SSSN.

- b. Skippers shall be able to demonstrate that with all such ballast, including swing keel, transferred to one side to its maximum possible extent, the static angle of heel produced on the boat will not exceed 10° to port or starboard of the laden trim.
If boats are fitted with fresh water or fuel tanks to port or starboard, such tanks will be considered as part of the transferable ballast system and must be completely full and empty on the appropriate side during an incline test.
Other forms of transferable ballast not covered by this rule must be approved by the Organising Authority.
- c. Furling Gear – A permanent headstay, forestay or furling gear which is attached forward or outside of the bow pulpit shall not be in excess of 0.61m (24 ins) forward of the pulpit. The Skipper must demonstrate that sail handling and repairs may be made from within the pulpit.
A furling drum connected to the bowsprit or pole in excess of 0.61m (24 ins) forward of the pulpit shall be capable of being independently retrieved from inside the pulpit.
- 1.5. For all boats, the 2012/2013 OSR Regulations Category 1 shall be followed as closely as possible. Where, by reason of novel or unorthodox design, a boat is unable to comply, a request for dispensation shall be made to the Organising Authority before an Entry Form is submitted.

2. CLASSES

- 2.1. Monohull Classes
- | |
|---------------------------|
| TCC |
| Gypsy Moth 1.000 and over |
| Jester 0.900 to 0.999 |
| Eira under 0.900 |
- 2.2. Multihull Class

3. RACE SIGNALS

- 3.1. Start signals for Monohulls and Multihulls.

Time (BST)	SIGNAL	FLAG	SOUND	Minutes to Start
1150	Warning	Pennant 1 up	Gun	10
1156	Preparatory	Flag P up	Horn	4
1159	One Minute	Flag P down	Long Horn	1
1200	Start	Pennant 1 down	Gun	0

- 3.2. All signals will be counted down on Ch 72.

4. RECALLS

- 4.1. There will be no recalls. If a yacht is over the start line before the starting signal the boat shall be penalized 30 minutes per second over the line.

5. THE COURSE

- 5.1. The course is from a Start Line in Plymouth Sound to a finish line in Narragansett Sound, Newport RI, leaving Plymouth Breakwater Lighthouse to port, Eddystone Lighthouse and outlying rocks, and Nantucket Island to starboard.

6. THE START

- 6.1. The Start Line is between the main mast of HMS SOMERSET and the mast displaying an orange flag on motor boat DIPPY MAID.

Monohulls to cross the line between HMS Somerset and a red pillar buoy and the Multihulls to cross between the buoy and DIPPY MAID. Appendix A.

7. THE FINISH

- 7.1. The Finish Line is between Castle Hill Light and Kettle Bottom Rock G7. See Finish Line Chart, Appendix C, and Finish Arrangements and Arrival Procedures. Appendix D.

8. TIME LIMIT

- 8.1. In order to qualify as a finisher a boat shall finish by 2359 Eastern Standard Daylight Time on Friday 26 July 2013.

9. RACE NOTICE BOARD

- 9.1 The race notice board is at the entrance on the upper floor of the RWYC.

10. PROTESTS AND REQUESTS FOR REDRESS

- 10.1. A protest shall be made in writing and handed to the Race Committee within 3 hours of arrival in Newport.

11. DECLARATIONS

- 11.1. The Declaration Form shall be handed to the Race Committee as soon as possible, but not later than 3 hours after arrival.

12. RETIREMENTS AND PUTTING INTO PORT

- 12.1. Boats retiring or putting into port shall notify the Race Committee. This also applies when leaving a port.

12. TRAFFIC SEPARATION SCHEMES

- 12.1 Boats shall comply with Rule 10, Traffic Separation Schemes, of the IRLCAS (COLREGS).

13. COMMUNICATIONS

- 13.1 See Communications Instruction. Appendix B

14. PRIZES

- 14.1 Prizes will be awarded for Monohulls and Multihulls in each Class on the following scale:

No. of starters in each class	2	4-6
No. of prizes	1	2

- 14.2 Half Crown mementoes will be presented to each skipper.

15. DISCLAIMER

- 15.1 Notwithstanding any other rule and condition, the Organising Authority, Race Committee and Race Sponsors, if applicable, jointly and severally are providing this Race on the understanding that they or their representatives bear no responsibility for any loss, damage, injury, or inconvenience to boats or persons howsoever arising directly or indirectly from their rules, policy, or rulings before or during the Race or related activities.
- 15.2 By participating in the Race each Skipper agrees to release the Organising Authority, Race Committee and Race Sponsors from and against all claims, damages, costs, torts, suits at law or in equity or otherwise, arising out of or in any way relating to the Race. This release shall be binding upon each entrant and their heirs, beneficiaries, representatives, and estates of each entrant.

16. APPLICABLE LAW

- 16.1 These Rules shall be interpreted in accordance with the Laws of England and the Organising Authority submit, or will submit, themselves only to the jurisdiction of the Courts of England as may be necessary to permit the resolution of legal actions with regard to these Rules, the conduct and organisation of the Race.